

October Lunch Menu

Mon	Tue	Wed	Thu	Fri
29	30	1	2	3
October Lunch Menu		A. Chic-fil-A Original Chicken Sandwich (\$7.00)	Turkey Meatloaf, tomato sauce, sweet potato mash, green beans (\$8.50)	Latin Rice Bowl - grilled chicken, black beans, grilled peppers & onions, salsa roja, basmati rice, cilantro (\$8.50)
		B. Two Chic-fil-A Chicken Sandwiches (\$12.00)	Turkey Meatloaf, tomato sauce, sweet potato mash, green beans (Large Portion) (\$11.00)	Latin Rice Bowl - grilled chicken, black beans, grilled peppers & onions, salsa roja, basmati rice, cilantro (Large Portion) (\$11.00)
		C. Cool Wrap (\$9.50)		
		D. Grilled 8 Count Nugget (\$7.50)		
6	7	8	9	10
A. Valentino's Chicken Alfredo Pasta (\$7.50)	Pizza Pasta Bake - rigatoni pasta, Italian pork sausage, tomato sauce, mozzarella, bell peppers, side of grapes (\$8.50)	A. Raising Cane's Chicken Strip 3 piece (\$7.50)		
C. Two Valentino's Pasta Meals (\$13.50)		B. Two Raising Cane's Chicken Strip 3 Piece (\$13.50)		
	Pizza Pasta Bake - rigatoni pasta, Italian pork sausage, tomato sauce, mozzarella, bell peppers, side of grapes (Large Portion) (\$11.00)			
13	14	15	16	17
B. Valentino's Rotini Pasta with Meat Sauce (\$7.50)	Fiestada Pizza - ground beef, cheddar, green bell pepper, tomato, corn, enchilada sauce (\$8.50)	Half Day--No Lunch Served	BBQ Pulled Pork Sandwich - braised pork, brioche bun, Kansas City barbeque sauce, pickles, coleslaw, side of baked beans (\$8.50)	Grilled turkey & Cheddar - wheatberry bread, side of red pepper & tomato soup (\$8.50)
C. Two Valentino's Pasta Meals (\$13.50)	Fiestada Pizza - ground beef, cheddar, green bell pepper, tomato, corn, enchilada sauce (Large Portion) (\$11.00)		BBQ Pulled Pork Sandwich - braised pork, brioche bun, Kansas City barbeque sauce, pickles, coleslaw, side of baked beans (Large) (\$11.00)	Grilled turkey & Cheddar - wheatberry bread, side of red pepper & tomato soup (Large Portion) (\$11.00)
20	21	22	23	24
D. Valentino's Hamburger Pizza - one slice (\$6.00)	Pesto Chicken Pasta - creamy basil pesto sauce, spinach, penne pasta, roasted red pepper, parmesan (\$8.50)	A. Chic-fil-A Original Chicken Sandwich (\$7.00)	Teriyaki Chicken Rice Bowl - brown rice, pineapple, zucchini, red bell pepper, baby corn (\$8.50)	Half Day--No Lunch Served
E. Valentino's Pepperoni Pizza - one slice (\$6.00)		Pesto Chicken Pasta - creamy basil pesto sauce, spinach, penne pasta, roasted red pepper, parmesan (Large Portion) (\$11.00)	B. Two Chic-fil-A Chicken Sandwiches (\$12.00)	
F. Valentino's Pepperoni Pizza - two slices (\$9.00)	C. Cool Wrap (\$9.50)			
G. Valentino's Hamburger Pizza - two slices (\$9.00)	D. Grilled 8 Count Nugget (\$7.50)			
27	28	29	30	31
A. Valentino's Chicken Alfredo Pasta (\$7.50)	Orange Glaze Chicken - jasmine rice, broccoli, carrot, scallion, sesame (\$8.50)	A. Raising Cane's Chicken Strip 3 piece (\$7.50)	Goulash - farfalle pasta, tomato sauce, carrot, bell pepper, ground beef, sour cream (\$8.50)	
C. Two Valentino's Pasta Meals (\$13.50)	Orange Glaze Chicken - jasmine rice, broccoli, carrot, scallion, sesame (Large Portion) (\$11.00)	B. Two Raising Cane's Chicken Strip 3 Piece (\$13.50)	Goulash - farfalle pasta, tomato sauce, carrot, bell pepper, ground beef, sour cream (Large Portion) (\$11.00)	